



BRITTANY NGO

LABOR DOULA
POSTPARTUM DOULA
SPINNING BABIES

OFFICE ADMINISTRATOR FOR ALLOTRIBE

ABOUT ME

I became a doula after I gave birth to my first child, which was a homebirth that ended in a transfer. Even though things didn't go the way that I had hoped, I had amazing support so I felt wonderful about the experience regardless. I wanted to be that support for other families so I started pursuing work as a doula! Before I was a doula, I was an artist so I love to draw, paint, craft, whatever! I am also a mother of two children, a 4 year old boy and one year old girl.

WHAT MAKES YOU A GREAT CARE PROVIDER?

I have a lot of compassion for others and have an easy time putting myself into others shoes. I also thoroughly enjoy helping and educating others. I have given birth and been postpartum several times so I fully understand what is appreciated, needed and wanted during labor and the weeks after. I am a very laid back and positive person in general and I do my best to bring that in to my client's birth and postpartum space. I meet families where they are with compassion, understanding, humor and joy.

WHAT DO YOU ENJOY ABOUT THIS WORK?

I enjoy being present with a family as they transition to this new part of their life and I enjoy making the transition as easy as possible. And, of course, I love watching babies being born and being witness to the power of childbirth! I also love helping new families in their own homes so that they can rest, recover and focus on their new baby. Every experience and family is unique so this work never boring and is always an amazing opportunity to learn!

WHAT SETS YOU APART FROM OTHERS?

I'm extremely unbiased and fully support my clients in whatever decisions they deem best for them and their growing family. I'm also very giving, almost to fault, and have no issue dropping everything to help my friends and clients. I like to approach every challenge in life with humor, joy and humility. I have had Spinning Babies training and have experience with VBAC, birthing people with drug addiction, bi-polar and Symphysis Pubis Dysfunction. I also have gone through infertility, miscarriage and infertility treatments so I understand the heartache and struggle that comes with that and how it affects someone's pregnancy and subsequent birth.