

# KARLYE AMBROZIC

## LABOR DOULA POSTPARTUM DOULA SIBLING DOULA

HOLISTIC HEALTH AND WELLNESS SPECIALIST

### **ABOUT ME**

I love traveling to new parts of the world and immersing myself into their culture so I can learn from other walks of life. At home, I enjoy cooking plant based foods for my husband, doing yoga with my cats, or snuggling up with a good book about birth, women's health, or spiritual enlightenment. On the weekends I love seeing live music and dancing with my friends.

#### WHAT MAKES YOU A GREAT CARE PROVIDER?

I am a caring, nurturing, and professional doula. I love creating long term relationships with my families and want to support them where they need most.

#### WHAT DO YOU ENJOY ABOUT THIS WORK?

I love everything about birth and the growing family. This work is my passion, my purpose, and holds my heart.

### WHAT SETS YOU APART FROM OTHERS?

I have a Bachelors of Science in Holistic Health and Wellness so I truly understand both Allopathic and Alternative Medicine. I look at each member of the family as a whole person identifying areas of mental, emotional, physical, and environmental support so the entire person feels held and cared for.