



MAGDA NICHOLSON

POSTPARTUM DOULA
NEWBORN CARE SPECIALIST

ABOUT ME

I'm a doggy mommy so in my free time I'm spoiling my puppy. We go for walks, I make him his treats, I brush him and play with him. I also have a husband so we are spending as much time together as we can. Being outside and enjoying Colorado as a family of 2 and a half is what we like the most. I also crochet toys, read books, watch shows, cook and in between all of it, I sleep.

WHAT MAKES YOU A GREAT CARE PROVIDER?

I highly value my ability to perform collaborative care with parents. At the job my opinion is not a factor. All that matters is what the parents decide and I make sure it is 100% safe then provide resources which help parents make informed decisions. I have strong understanding of topics such as: Sleep conditioning (developing healthy sleep habits) , Nurturing care, Non-judgmental support, Communication and Ability to Work Under Pressure

WHAT DO YOU ENJOY ABOUT THIS WORK?

The most important thing to me is empowering parents. I love showing them that they can do it and supporting their decisions fills my soul. As a future parent I would love people to trust me and not question my decision and that is what I want to give back. The world can say and do what it wants but if baby and parents are safe and happy that's what matters.

WHAT SETS ME APART FROM OTHERS?

The most obvious thing which sets me apart is that I was born and raised in Poland so I speak two languages. Polish is my native language and English is my second language. I feel this is a strong indication of my adaptability to new environments, similar to the extreme differences between all families and their different parenting styles. My easy-going personality, as well as being a positive and happy person also brings me a lot of attention.