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# ALISHA MARTINEZ

POSTPARTUM DOULA

## ABOUT ME

I enjoy spending time (when I can travel) with my family! I do work a lot of weekends, usually nannying for previous families I have nannied for in the past. I also enjoy spending time fishing!

## WHAT MAKES YOU A GREAT CARE PROVIDER?

I have worked with so many children which has taught me to care and love with an open heart. I give it my all, which helps me to get the job done without being asked. I have a gentle touch and a calm presence that gives mothers a safe place.

## WHAT DO YOU ENJOY ABOUT THIS WORK?

I love knowing I am making a difference in someone's lives even if it may seem like a small difference. Every mother's emotions are going to be different but after working with so many children it has taught me to listen with an open heart.

## WHAT SETS YOU APART FROM OTHERS?

I have worked the nanny position for quite some time now, so I'm coming in full force for the mothers. I am wanting to explore this next adventure with the mother's I meet and have us all come out with a sense of peace and calm.